

TRENDING INTERDISCIPLINARY RESEARCH IN 2025



Dr. Wakil Kumar Yadav
Dr. Nehal K. Shingala
Dr. K. Mahesh

TRENDING INTERDISCIPLINARY RESEARCH IN 2025

Dr. Wakil Kumar Yadav



Dr. Wakil Kumar Yadav is a distinguished author, novelist, essayist, and editor, with a Ph.D. in English from Mahatma Gandhi Central University, Bihar. As an accomplished academician and influential figure in the literary world, he has made significant contributions to the field. Dr. Yadav has participated in 180 national and international conferences, presented 25 research papers, and led 18 faculty development programs, showcasing his commitment to academic excellence and professional development. Widely recognized for his expertise, Dr. Yadav is a sought-after keynote speaker and his work continues to inspire scholarly research. His literary prowess has earned him top prizes in national essay competitions, and he regularly contributes to renowned newspapers, further establishing his presence in the literary and academic communities. A prolific author, Dr. Yadav has written 41 books and edited 56 others, underscoring his extensive contributions to literature and scholarship. He holds a prominent role at CIRS FOCUS and is the founder of CIRS and AIWAJ, organizations dedicated to promoting interdisciplinary research and supporting writers across the nation. Through his work, Dr. Yadav continues to inspire and shape the future of academia and literature.



Dr. Nehal K. Shingala is an Assistant Professor at the Institute of Language Teaching in Rajkot, Gujarat. She holds a Ph.D. and an M.Phil. in Education from Saurashtra University, as well as an M.Ed. from T.N. Rao B.Ed. College, Saurashtra University. She has more than 11 years of Teaching Experience. Her research interests include Teacher Education, Educational Psychology, Research Methodology, Guidance and Counselling, and Environmental Education. She has published 13 research papers in national and international journals and authored 9 books.



Dr. K. Mahesh is an esteemed Assistant Professor in the Department of Physical Education at Malla Reddy University, located in Maisammaguda, Dulapally, Hyderabad, Telangana. With a robust academic background and a Ph.D. from National College, Bharathidasan University, Tiruchirappalli, Tamil Nadu, Dr. Mahesh has made significant contributions to the field of Physical Education. Previously, he served as an Assistant Professor in the Research Department of Physical Education and Sports Science at National College, Tiruchirappalli. His proficiency in research is evidenced by his extensive publication record, with over 30 research articles published in reputed national and international journals, including UGC-CARE listed journals. He has also authored books. Dr. Mahesh has also actively participated in numerous webinars, further showcasing his commitment to advancing knowledge in his field. In recognition of his outstanding research contributions, Dr. Mahesh has been honored with the Best Research Award in Physical Education. His dedication to academic excellence and research continues to inspire students and colleagues alike.



CIRS PUBLICATION
An International Publication House

cirsp.com

ISBN: 978-81-982859-3-5



9 788198 285935

Rs. 699/-

TRENDING INTERDISCIPLINARY RESEARCH IN 2025

Editors

Dr. Wakil Kumar Yadav

Dr. Nehal K. Shingala

Dr. K. Mahesh



CIRS PUBLICATION



CIRS PUBLICATION
Authenticity, Honesty and Integrity

Shivpuri, Manas Marg-02, Patna-800023

Website: cirsp.com

Email: publish@cirsp.com

Date of Publication: 31 January 2025

ISBN-13: 978-81-982859-3-5

This book has been published with all reasonable efforts taken to make the material error-free after the consent of the author. No part of this book shall be used, reproduced in any manner whatsoever without written permission from the author, except in the case of brief quotations embodied in critical articles and reviews.

The Author of this book is solely responsible and liable for its content including but not limited to the views, representations, descriptions, statements, information, opinions and references ["Content"]. The Content of this book shall not constitute or be construed or deemed to reflect the opinion or expression of the Publisher or Editor. Neither the Publisher nor Editor endorse or approve the Content of this book or guarantee the reliability, accuracy or completeness of the Content published herein and do not make any representations or warranties of any kind, express or implied, including but not limited to the implied warranties of merchantability, fitness for a particular purpose. The Publisher and Editor shall not be liable whatsoever for any errors, omissions, whether such errors or omissions result from negligence, accident, or any other cause or claims for loss or damages of any kind, including without limitation, indirect or consequential loss or damage arising out of use, inability to use, or about the reliability, accuracy or sufficiency of the information contained in this book.

**Dedicated to all researchers, academicians and
educators**

Contents

1. Displacement Discrepancies throughout Generations in Jhumpa Lahiri's <i>The Lowland</i>	1
Dr. Blessy. R.....	1
2. Impact of Elections on India's Foreign Policy.....	5
Dr. Baljit Singh.....	5
3. Empowering Women: Achieving Gender Equality	10
Dr. Manisha N Rathod.....	10
4. Invisible Boundaries: Emotional Labor and Spatial Marginality in the Works of Chitra Banerjee Divakaruni, Sandra Cisneros, and Beyond.....	13
Bidisha Dutta ¹	13
Dr. Meenakshi S ²	13
5. Footprints of Anthropogenic Activities on Global Climate Change: a Critical Study	19
Dr. Shikha Uniyal Gairola ¹	19
Prof. (Dr.) Rajesh Bahuguna ²	19
Dr. V. Bhuvaneshwari ³	19
6. A Comparative study of mental toughness in male kabaddi and kickboxing athletes.....	34
Dr. Yuwraj Shrivastava*	34
7. Oral Tradition and the struggle to reclaim space in historical narrative of Northeast India ...	38
Bikram Jyoti Chutia	38
8. Covid -19, Crisis and Health: It's Recognition and Importance	44
Dr. Stuti Narula Markan & Mr. Akhil Jaitly	44
9. The Islamic Law in Sicily and Its Impact on the Development of Waqf in common law in Britain: a Mediterranean Connection	47
Jahidul Hassan,	47
10. Digital Transformation in Education: Revolutionizing Learning in the Digital Era	65
¹ Kirti Verma.....	65
² M. Sundarajan	65
³ Adarsh Mangal,	65
⁴ Sateesh Kourav	65
11. Biotechnology: From Domestication to Genetic Engineering.....	82
Riry Prihatini*	82
12. Blockchain for Sustainable Finance and Green Investment	95
Mohammad Akib Shaikh	95
Dr. Karan Gupta.....	95
13. Unraveling the Myths of Mental Health Stigma	106
Mahima Singhi	106
14. National Professional Standards for Teachers in the 21st Century	121

Dr. Navdeep Kaur*	121
15. Caste, Class and Cry for Social Justice in Namdeo Dhasal's 'Hunger'	127
Ms. Gargi Tyagi	127
Dr. Raf Raf Shakil Ansari	127
16. Cultural Narratives and Economic Identities in Select Novels of Rohinton Mistry	136
¹ Mrs. S. Deivalakshmi	136
² Dr. T. Sridevi	136
17. Critical Study of the Narrative Techniques Employed by Harriet Beecher Stowe, with Special Reference to Uncle Tom's Cabin	140
Pangkame D Sangma	140
Dr Anjan K Behera	140
18. Democracy in India: A Way for Development	144
Dr. Abhishek Chauhan	144
Dr.Preeti Thakur	144
19. Rumination and Psychological Well-being Among College Students: A correlational study 148	
*Dr Hardeep Kaur,	148
20. Gender Equality: A Key to Achieve Women Empowerment	154
Dr. Manjeet Kumari	154
21. Nanotechnology: Revolutionizing Science and Everyday Life	163
Girish M ¹ , Preethi C S ²	163
22. Reviving the past: Artistic synergies in cultural heritage preservation	167
Dr. Avneet Kaur	167
23. Sapiosexual Love of Helen and Frida in Anne Finger's Call Me Ahab	176
¹ . Mohana Priya A*	176
24. Contribution of Sarojini Naidu towards Women's Empowerment	180
Dr. Ramandeep Kaur.	180
25. An Endeavour to Analyse the Impact of COVID-19 Pandemic on Gender Inequality in Employment and Migration of Women Workers in India: Trend and Analysis across Indian States 184	
Suravi Kar Roy	184
26. The Future of Medicine: How AI is Redefining Healthcare System	204
Dr Seema Ukidve	204
27. Empowering Health: A Unified Approach to Menstrual and Mental Well-being	211
Avninder Kaur Dhillon	211
28. Strength in Equality: The Power of Women's Empowerment	232
Dr. Rubi Das (Chakraborty)	232
29. Equality and Women's Empowerment:	241

17. Critical Study of the Narrative Techniques Employed by Harriet Beecher Stowe, with Special Reference to *Uncle Tom's Cabin*

Pangkame D Sangma

MA III English, Tetso College - Nagaland

Dr Anjan K Behera

Asst. Professor, English, Tetso College - Nagaland

Abstract:

This essay offers an in-depth exploration of Harriet Beecher Stowe's narrative strategies in *Uncle Tom's Cabin* (1852), a groundbreaking American novel that profoundly impacted the national discourse on slavery and racism. By scrutinizing sentimentality, realism, symbolism, characterization, and narrative structure, this analysis reveals how Stowe's skillful storytelling exposed slavery's horrors and shaped public perception. This study contends that Stowe's narrative innovations not only fueled the novel's influence but also paved the way for social justice literature. Despite criticisms regarding sentimentalism and stereotyping, *Uncle Tom's Cabin* remains a potent condemnation of slavery. This examination sheds light on Stowe's enduring legacy, her impact on American literature, and the ongoing relevance of her work in contemporary discussions of racism and social justice.

Keywords: Narrative techniques, sentimentality, realism, symbolism, characterization.

Introduction:

Harriet Beecher Stowe's *Uncle Tom's Cabin*, published in 1852, stands as a landmark work in American literature, shedding light on the atrocities of slavery and sparking intense national debate. Stowe's masterful employment of narrative techniques effectively exposed the brutal realities of slavery, making the novel a powerful tool for abolitionism. The narrative methods Stowe utilised, focuses on sentimentality, realism, symbolism, complex characterization, and strategic narrative structure.

In "*Uncle Tom's Cabin*," Harriet Beecher Stowe utilizes a variety of narrative strategies that deepen the emotional impact and thematic complexity of the story. By depicting the actions and dialogue of her characters, she showcases different viewpoints on slavery, stating, "Through the words and actions of the characters in the novel, many points of view concerning slavery are presented" (Brown 1330). This method encourages readers to grapple with the ethical dilemmas surrounding the institution. Edmund Wilson notes that the storytelling forms "a rhythmic pattern, a kind of picaresque in counterpoint," which illustrates social characteristics through the experiences of George, Eliza, and Uncle Tom (Brown 1331). Additionally, Stowe's incorporation of irony helps to balance the novel's emotional excess, as she remarks, "Such touches of irony do much to counterbalance the novel's excess of sentimentality" (Brown 1332). In the end, Tom's sacrifices result in "Christian regeneration for both white and black," implying that love and moral enlightenment can arise even in the bleakest situations (Brown 1333).

In her influential novel "*Uncle Tom's Cabin*," Harriet Beecher Stowe utilizes a range of narrative techniques that greatly enrich the emotional resonance and thematic intricacy of the work. Stowe's capacity to showcase various viewpoints on slavery is essential for comprehending the moral

challenges encountered by her characters and the societal context they inhabit. As highlighted in the article, "Through the words and actions of the characters in the novel, many points of view concerning slavery are presented" (Brown 1330). This diverse approach enables readers to confront the numerous ethical complexities associated with slavery, effectively immersing them in the narrative.

A significant characteristic of Stowe's storytelling style is her creation of a rhythmic narrative structure, which Edmund Wilson describes as "a rhythmic pattern, a kind of picaresque in counterpoint" (Brown 1331). This technique not only establishes a lively progression in the narrative but also uncovers social characteristics through the journeys of pivotal characters like George, Eliza, and Uncle Tom. By intertwining their experiences, Stowe weaves a rich tapestry of human stories that reflect the broader social issues of her era. Stowe also masterfully incorporates irony as a narrative tool to offset the sentimental aspects of her tale. The article emphasizes that Stowe herself noted, "Such touches of irony do much to counterbalance the novel's excess of sentimentality" (Brown 1332). This strategic use of irony enhances the emotional weight of the narrative while simultaneously critiquing the very sentimentality that could potentially overshadow the reader's experience. By contrasting deeply emotional moments with ironic observations, Stowe encourages her audience to think critically about the realities of slavery and the moral ramifications of their own beliefs.

Ultimately, Uncle Tom's sacrifices lead to a powerful message of hope and redemption. As the article explains, Tom's sacrifices result in "Christian regeneration for both white and black," indicating that love and moral enlightenment can arise even from the bleakest situations (Brown 1333). This theme of redemption is central to Stowe's narrative and acts as a compelling appeal for empathy and understanding across racial boundaries. Through her skillful application of narrative techniques, Stowe constructs a poignant social critique that continues to resonate with readers over time. By presenting a variety of perspectives, employing a rhythmic storytelling style, and balancing sentimentality with irony, she not only captivates her audience but also challenges them to confront the moral complexities of slavery. Stowe's narrative methods in "Uncle Tom's Cabin" ultimately enhance the novel's lasting significance as a literary work that continues to inspire reflection and dialogue about race, morality, and humanity.

One of Stowe's most conspicuous narrative techniques is sentimentality, which is used to evoke strong emotional responses from the reader. Sentimentality in "Uncle Tom's Cabin" operates as a mechanism through which Stowe draws attention to the moral horrors of slavery by appealing to the reader's sympathy and sense of Christian morality. For example, the plight of characters such as Uncle Tom and Little Eva is portrayed in a way that invites readers to view them not just as victims of a brutal system, but also as exemplars of Christian virtue. Uncle Tom, in particular, is often described with language that highlights his piety and selflessness. Stowe writes, "He was a steady, honest, capable man, who took the rough and the smooth of life together, and was the sort of person that could be depended on, in every way" (Stowe, p. 25). This characterization sets the stage for Tom's role as a Christ-like figure whose ultimate sacrifice is intended to inspire moral outrage and reflection in the reader.

Sentimentality is not only used to represent the suffering of the enslaved characters but also to humanize them in the eyes of Stowe's primarily white readership. By focusing on the emotional and domestic lives of her characters, Stowe sought to bridge the racial divide that justified slavery in the minds of many. Thus, by encouraging readers to identify emotionally with the victims of slavery, Stowe ensures that the horrors of the institution are not perceived in the abstract, but through the personal, relatable suffering of her characters. By focusing on the emotional and domestic lives of her characters, Stowe sought to bridge the racial divide that justified slavery in the minds of many. In her analysis of Stowe's sentimental strategies, Nina Baym suggests that Stowe uses the conventions of domestic fiction—focusing on family, home, and interpersonal relationships—to engage her audience in a political critique of slavery through the lens of personal suffering and morality (Baym, 1993). Thus,

by encouraging readers to identify emotionally with the victims of slavery, Stowe ensures that the horrors of the institution are not perceived in abstract, but through the personal, relatable suffering of her characters.

In addition to sentimentality, Stowe incorporated realistic elements to authenticate her portrayal of slavery. She drew from personal experiences and eyewitness accounts, incorporating historical events like the Fugitive Slave Act. Her vivid descriptions of the harsh conditions and brutal treatment of enslaved people further underscored the reality of slavery. This blend of realism and sentimentality lent credibility to her narrative, rendering it more persuasive and impactful. Stowe also employed symbolism to convey deeper meanings and moral lessons. Uncle Tom symbolized long-suffering virtue and redemption, while Eliza's escape across the ice represented freedom and resilience. The Quakers embodied moral integrity and compassion. These symbols reinforced Stowe's abolitionist message, emphasizing the moral imperative to end slavery. The character of Simon Legree, with his ruthless exploitation of enslaved people, served as a symbol of the cruelty inherent in the slave system.

Characterization played a pivotal role in Stowe's narrative, as she crafted complex characters to challenge stereotypes and represent various perspectives. Uncle Tom, the noble and long-suffering enslaved man, contrasted sharply with Simon Legree, the harsh and ruthless slave owner. Cassy, the strong and determined enslaved woman, defied conventional feminine norms. These characters humanized the experience of the enslaved and underscored the complexity of slavery.

Stowe's narrative structure effectively built tension and emphasized key themes. By alternating between contrasting settings, such as Shelby's plantation and St. Clare's estate, she highlighted the varied experiences of enslaved individuals. Suspenseful pacing, particularly in Eliza's escape, kept readers engaged and invested in the characters' fates. The novel's cyclical structure, moving from hope to despair and back to hope, mirrored the experiences of enslaved people. Uncle Tom's Cabin responded to the social and historical context of its time, addressing the Fugitive Slave Act and the Kansas-Nebraska Act. Stowe's work influenced public opinion and abolitionist movements, contributing to the growing tensions leading up to the Civil War. Her novel remains a landmark in American literature, shaping the national conversation on slavery and racism. Moreover, Stowe's narrative techniques continue to influence literary and cultural productions. Her use of sentimentalism paved the way for future writers exploring social justice issues. The novel's film adaptations demonstrate its enduring cultural relevance. Uncle Tom's Cabin has become a cultural touchstone.

Conclusion:

In conclusion, Harriet Beecher Stowe's *Uncle Tom's Cabin* stands as a monumental work that exemplifies the transformative power of literature. The novel's narrative techniques—ranging from its sentimental appeal and vivid characterizations to its strategic use of direct address—effectively engage readers' emotions and provoke critical reflection on the moral and social dilemmas of slavery. Stowe's innovative blending of realism and melodrama not only humanizes the enslaved individuals she portrays but also underscores the profound injustices of the institution of slavery, making her work a powerful tool for social change.

Her use of multiple narrative perspectives enriches the storyline, providing a comprehensive view of the societal structures that perpetuated slavery. By interweaving the personal and political, Stowe crafts a narrative that transcends mere storytelling to become a moral and ethical discourse. The strategic use of female voices and domestic spaces as loci of resistance further enhances the novel's impact, aligning with Stowe's belief in the moral authority of women in the abolitionist cause.

Moreover, the novel's episodic structure, while criticized by some, allows for a multifaceted exploration of slavery's repercussions across various social strata. Stowe's reliance on sentimentalism,

often dismissed as overly simplistic, is revealed through this study to be a deliberate and potent narrative strategy that catalyzed empathy and action among her contemporary readers.

Ultimately, this critical examination of Stowe's narrative techniques highlights her skillful use of literature as a means of advocacy. *Uncle Tom's Cabin* not only shaped public opinion in its time but continues to serve as a seminal work in the study of American literature and history. Stowe's narrative legacy endures, reminding readers of the enduring capacity of literature to challenge societal injustices and inspire meaningful change. Through sentimentality, realism, symbolism, complex characterization, and strategic narrative structure, Stowe created a powerful abolitionist tool.

References:

Baym, Nina. (1993). *Woman's Fiction: A Guide to Novels By and About Women in America*. 2nd ed. Urbana: University of Illinois Press, 1820-1870.

Britannica, The Editors of Encyclopaedia. "Uncle Tom's Cabin". Encyclopedia Britannica, 22 Oct. 2024, <https://www.britannica.com/topic/Uncle-Toms-Cabin>. Accessed 24 October 2024.

Brown, Dorothy S. (1969). "Thesis and Theme in 'Uncle Tom's Cabin.'" *The English Journal, JSTOR*. vol. 58, no. 9, 1330–72. <https://doi.org/10.2307/811916>. Accessed 23 Oct. 2024.

O'Loughlin, Jim. (2000) "Articulating 'Uncle Tom's Cabin.'" *New Literary History*, vol. 31, no. 3, 573–97. *JSTOR*, <http://www.jstor.org/stable/20057620>. Accessed 23 Oct. 2024.

Stowe, Harriet Beecher. (2002). *Uncle Tom's Cabin*. New York, Oxford University Press, 2002.